STATE OF IDAHO

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Idaho Celebrates Farmers Market Week with Recipe Contest Winners

Idaho will be celebrating its 4th Annual Idaho Farmers Market Week August 5-11, 2012. There are 55 markets operating across the state offering a wide variety of locally grown fruits and vegetables, as well as meat, eggs, baked goods, and artisan products.

To draw more attention to the diverse bounty available at Idaho farmers markets, the Idaho State Department of Agriculture hosted the first ever Idaho Farmers Market Recipe contest in cooperation with the Idaho Potato Commission, Idaho Beef Council, Idaho Bean Commission, Idaho Dairy Council, and the Capital City Public Market. The contest was open for the month of June. All recipes needed to include at least 3 ingredients from an Idaho farmers market. The College of Western Idaho Culinary Club judged the recipes for quality and flavor. Winning recipes will be featured at the Capital City Public Market in downtown Boise on August 11.

The winners of the five Recipe Contest categories are as follows:
Best Use of Idaho Beef: Beef and Pea Pod Stir Fry, submitted by Patty Bauscher of Gooding, ID, who shops at the Gooding and Capital City Markets.

Best Use of Idaho Beans: Cuban Black Beans, submitted by Britt Heisel of Moscow, ID, who shops at the Moscow Food Co-op Tuesday Growers Market

Best Use of Idaho Cheese: Uncle Ray's Potatoes, by Greg Heinrich or Gooding, ID, who shops at the Gooding Farmers Market.

Best Use of Idaho Potatoes®: Cheesy Mashed Potato Casserole, submitted by Sue Bockelman of Post Falls, ID, who shops at the Rathdrum Farmer's and Artisan's Market.

Most Unique Pairing of an Idaho Wine: Idaho Shepherd's Pie, submitted by Christie Bauscher of Boise, ID who shops at the Capital City Public Market. She recommends pairing with Cinder's Dry Viognier in the summer and Snake River Winery's Cabernet Sauvignon in the winter.

Recipes can be found at www.idahopreferred.com. Be sure to visit your local farmers market during Idaho Farmers Market Week and try out one of the winning recipes yourself!

For more information about farmers market week, contact Lacey Menasco at lacey.menasco@agri.idaho.gov or (208)332-8538.

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